# Take a Bite Out of Your Healthcare Costs!

:DentalPlans

25%







Increase since last year

\$9,144
Employee responsibility
EVEN WITH insurance









#### Cutbacks That Are Hard to Swallow: Compensations to Afford Medical Care



Respondents Who Used This Tactic	Member Action
55%	Requested Cheaper Prescriptions
52%	Questioned Charges
36%	Compared Costs on Internet
32%	Requested Pricing from Doctor
20%	Switched Providers
20%	Skipped Recommended Medications
15%	Used Alternative Plans
11%	Used Coupons/Sales
6%	Traveled from City/State/Country
E0/ <sub>4</sub>	Llead Cafateria Plans

Source: 2014 :DentalPlans Survey: 327 Respondents

### Did You Know...?

% of Households
Actively Looking
to Save on
Healthcare Costs

The share of household consumption devoted to healthcare has quintupled over the last 8 decades and is likely to overtake shelter within the next five years.

**5X** 

Source: The American Magazine

#### Scaling Down: How People Have Tried to Cut Existing Healthcare Costs





















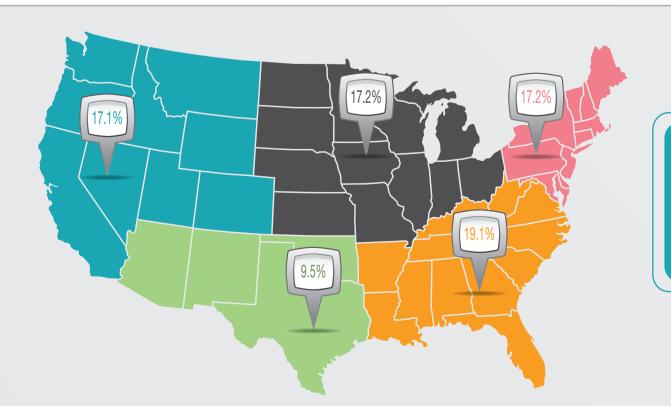
## Did You Know...?

Men and/or married people are more fiscally conscious when it comes to saving on healthcare than women and singles? 58% of men and 59% of married respondents seek remedies.



— Source: 2014 :DentalPlans Survey: 652 Respondents

## **:DentalPlans: Saving Face! Where Our Members Live**



#### **Are You a Member in Your Region?**

A dental savings plan is the best way to spend a little and save a bundle on top-notch dental care.



